

Brahma Cakra

THE COSMIC CYCLE

Brahma

Puruṣa (Shiva)
Prakṛti (Shakti)

Pratisaiṅcara (introversial phase,
movement towards the cosmic nucleus)

Saiṅcara (extroversial phase,
movement away from the cosmic nucleus)

Táraka Brahma

Unit minds



Developed Humans
(unit mahat
predominant,
intuition)

Human Beings
(unit ahaṁ
predominant,
intellect)

Developed Mammals
(unit citta
predominant,
instinct)

Mammals

Birds

Reptiles

Amphibians

Fish

Insects

Plants

Unicellular and
multicellular
organisms

Life (Pránáh)

Cosmic Mind

Cosmic Mahatattva
(Existential "I am"
feeling)

Cosmic Ahaṁtattva
(Doer I, or "I do"
feeling)

Cosmic Cittatattva
(Objectivated
"I have done" feeling)

Vyomatattva /
Ákáśhatattva
(Etherial Factor)
Shabda (sound)
tanmátra

Váyutattva /
Maruttattva
(Aerial Factor)
Spārsha (touch)
tanmátra

Tejastattva
(Luminous
Factor)
Rúpa (form)
tanmátra

Apatattva
(Liquid Factor)
Rasa (taste)
tanmátra

Kíititattva
(Solid Factor)
Gandha (smell)
tanmátra

Satya Astral or Causal

Tapah

Janah

Subtle

Mahah

Svah

Crude
(Physical)
Five Fun-
damental
Factors

Bhuvah

Bhuh